



2023 AAU Southern Regional Championships

Final Schedule

Blue Gym		Peach Gym	
Sat, May 13, 2023		Sat, May 13, 2023	
Session 1	XB	Session 1	XB
8 - 11am		8 - 11am	
Session 1:XB: 6/25/2015 - 5/13/2020		Session 1: XB: 8/2/2014 - 6/24/2015	
Session 2	XB	Session 2	XB
11-2pm		11-2pm	
Session 2: XB: 8/26/2013 - 8/1/2014		Session 2: XB: 2/10/2012 - 8/25/2013	
Session 3	XB / Level 2	Session 3	Level 6-8 / XD / HUGS
2-5:15pm		2-5:15pm	
Session 3: XB: Older - 2/9/2012 Level 2: All Ages / All Teams		Session 3: Level 6-8: All Ages / All Teams XD: All Ages / All Teams HUGS: All Ages / All Teams	
Session 4	XG	Session 4	XP / Level 4
5:15-8:30pm		5:15-8:30pm	
Session 4: XG: 9/24/2011 - 5/13/2020		Session 4: XP: All Ages / All Teams Level 4: All Ages / All Teams	
Sun, May 14, 2023		Sun, May 14, 2023	
Session 5	XC / Level 1 / Boys	Session 5	XG
8-11:15am		8-11:15am	
Session 5: XC: All Ages / All Teams Level 1: All Ages / All Teams Boys: All Ages / All Teams		Session 5: XG: 3/21/2010 - 9/23/2011	
Session 6	XS / Level 3	Session 6	XG / Ladies
11:15 - 2:30pm		11:15 - 2:30pm	
Session 6: XS: Older - 9/26/2009 Level 3: All Ages / All Teams		Session 6: XG: Older - 3/20/2010 Ladies: All Ages / All Teams	
Session 7	XS	Session 7	XS
2:30-5:45pm		2:30-5:45pm	
Session 7: XS: 1/17/2014 - 5/13/2020		Session 7: XS: 11/5/2012 - 1/16/2014	
Session 8	XS	Session 8	XS
5:45-9pm		5:45-9pm	
Session 8: XS: 10/15/2011 - 11/4/2012		Session 8: XS: 9/27/2009 - 10/14/2011	
Gymnasts age groups are given to their club on their final roster			